

Service Line

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In This Issue:

- Amesomeness



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The Gauntlet	2
2012 Schedule/ Promos	3
Roster with Parents	4
Alum Updates	4
G/W Scrimmage and Summer Camps	5

Letter from Cathy

SideOut Club,

The preseason has started and the team is working diligently to prepare for competitive play. You've heard me say that a strength of this team is their chemistry, culture and balance. We are very impressed with the progress we have been making thus far and are optimistic about our growth in the future! The captains have done a great job leading this team throughout the summer and welcoming in the newcomers. It's always interesting to see how the new players respond as we get underway and the journey "officially" begins. Our focus early has been on defense, passing, and ball control. Our system will count on these staples to run effectively throughout the season. The pace of our practices have been up tempo and is meant to prepare us for those long, Big Ten matches—(of course we would like to win in 3!) Now that our fundamentals are solid we are turning our focus to team systems, including both sideout and transition offense to prepare for the Green and White Scrimmage on Saturday (more on page 5).

This team has something special about them☺ They have set the bar high for themselves and will continue to work and grovel for every point. On the national stage we are still below the radar, receiving 30 votes in the Preseason Coach's Poll (which puts us as a top 30 team this year). Many of those coaches believe we will have a down year due to the loss of 5 seniors, but I think they're in for a surprise when the Spartans roll into town. It's going to be a great year and a fun team to watch. I look forward to seeing you Saturday at the Green and White Scrimmage as well as many nights throughout the year. (check page 3 for more our schedule and promotional nights) Our season ticket numbers are up by 100 and we have been feverishly working to increase student attendance, engage campus/local groups, and host area high school and middle school coaches in an attempt to create a "buzz" for MSU Volleyball.

As always, thank you for your continued support as a member of the SideOut Club. If you have not renewed yet for 2012 you can do so at the game this Saturday, we'd love to have you back on board. Let's make this a season to remember!

Go Green!

Cathy George

MICHIGAN STATE
VOLLEYBALL

Preseason Preview—The Gauntlet!

This year our team participated in the first ever "Spartan Gauntlet." The players were split into three groups, were provided some general guidelines, and given a packet with instructions and a campus map. Once



they opened their packets, the Spartan Gauntlet was on! The groups completed a course filled with different physical and mental activities including; a Water Relay Race, a puzzle called the Spartan Scramble, various photos in front of statues and landmarks on campus, a photo shoot in the Botanical Gardens, and spelling the alphabet with their bodies, as well as other miscellaneous physical and mental challenges. Along the way they received clues that explained the tasks they had

to complete, who was to be the leader for that station, and where to go once the station was completed. The course ended up being approximately a 5K! Everyone on the team were troopers and finished the event in just over 1 hour.



The team was excited to have a special guest, Olivia Whitman, join the Spartans for the team activity. Olivia is our adopted child from the Friends of Jaclyn Foundation. She helped each of the groups in the water relay, the Spartan scramble, and the Botanical photo shoot. She also welcomed the teams at the finish line cheering them on, which took place at the Sparty statue.

Our winners (right) included Sophomore Taylor Galloway, Freshman Maggie Halloran, Freshman Ebony Scott, Team Captain Kristen Kelsay, and Junior Kelsey Kuipers. Each team had tough moments, but all prevailed! They found a way to work through the fatigue and came together to finish the Spartan Gauntlet!



2012 Volleyball Schedule

August 24-25	Fri/Sat	Spartan Showcase (McNeese State, Youngstown St. and Eastern Kentucky)	
Aug 31—Sept 1	Fri/Sat	@ UCONN (Fairfield, Dartmouth, and UCONN,)	
September 7-8	Fri/Sat	Spartan Invitational (IPFW, Albany, and Georgia)	
			<i>Kyndra Abron All American (2009) Banner Revealed (Sept 8)</i>
September 14-15	Fri/Sat	@ College of Charleston (Presbyterian, Georgetown, and CofC)	
September 21	Friday	PURDUE	<i>Jenilee Rathje All American (2011) Banners Revealed</i>
September 22	Saturday	INDIANA	<i>High School / Middle School Night</i>
September 26	Wednesday	@ Nebraska	<i>Live on Big Ten Network</i>
September 29	Saturday	@ Iowa	
October 5	Friday	@ Wisconsin	<i>Tape Delayed on Big Ten Network</i>
October 6	Saturday	@ Minnesota	
October 12	Friday	NORTHWESTERN	<i>Pajama Night</i>
October 13	Saturday	ILLINOIS	<i>Homecoming / Alumni Night</i>
October 17	Wednesday	@ Michigan	
October 20	Saturday	OHIO STATE	<i>End Violent Encounters Night</i>
October 26	Friday	@ Indiana	
October 27	Saturday	@ Purdue	
November 2	Friday	IOWA	
November 3	Saturday	NEBRASKA	<i>Professor Appreciation Night</i>
November 9	Friday	MINNESOTA	
November 10	Saturday	WISCONSIN	<i>Parent Night</i>
November 16	Friday	@ Illinois	
November 17	Saturday	@ Northwestern	
November 21	Wednesday	MICHIGAN	<i>Jam Jenison / Senior Night</i>
November 24	Saturday	@ Penn State	

Select other matches to be streamed LIVE on www.btn.com

Roster with Parent Names

No.	Name	Year	Hometown	Parent(s)
#1	Kori Moster	Sophomore	Cincinnati, OH	Mariann and John
#2	Chelsey Probst	Senior	Wheeler, IL	Elaine and Jerry
#3	Stefanie Shiramizu	Senior	Okemos, MI	Diane
#4	Halle Peterson	Freshman	Rockford, MI	Sandy and Steve
#5	Hadley Orr	Freshman	Forest, IN	Marianne and Clint
#6	Amy Dentlinger	Senior	Arcadia, IA	Sheila and Joel
#7	Ryian Hubbard	Sophomore	Battle Creek, MI	Laurie
#8	Ebony Scott	Freshman	Powhatan, VA	Mamie and John
#9	Taylor Galloway	Sophomore	Portage, MI	Cathy and Roger
#10	Kelsey Kuipers	Junior	Otsego, MI	Kathy and Dave
#12	Kristen Kelsay	Junior	Wheaton, IL	Mary and Bruce
#14	Jazmine White	Sophomore	Oshawa, Ont.	Lisa
#15	Lauren Wicinski	Junior	Geneva, IL	Gina and Rob
#16	Maggie Halloran	Freshman	Ann Arbor, MI	Cathy and Brian
#18	Alexis Mathews	RS-Junior	Detroit, MI	Andrea and Edrick

Alumnae Updates

Val Sterk-Kemper / Hunter Kemper — Val's husband, Hunter, competed in his FOURTH Olympic games as a USA Triathlete. He was featured on the Today Show before the games! His 14th place finish (top American) was second to his 7th place finish in Beijing 4 years ago! We're going to follow up on this story for the next newsletter.

Katie Johnson-Reilly and **Allison Ianni-Cironi** were both married to Rocco Cironi respectively

Jenilee Rathje is working at ReptoniX, a business that's part of Quantum Ventures. She lives in Rochester Hills and is the new assistant coach at Notre Dame Prep HS.

Megan Schatzle—is a Financial Analyst for JAC products in Saline, MI. She's starting her BA this fall/winter.

Dana Cooke—had a healthy baby boy (her first) named Andrew Michael with her Husband Eric. Picture on the right!

Allyson Karaba is in Med School at Michigan State University for Osteopathic Medicine.

Mischelle Nelson is in Grad School at Northern Illinois University.



Green/White Scrimmage/SOC Tailgate—August 18.

Since the beginning of preseason the team has been off to a terrific start! The captains have been in full force helping our newcomers become acquainted with the program and our style of play. Each practice has been filled with energy and excitement as we prepare for the Green and White Scrimmage. This week was filled with several events including the Green and White draft in which team captains Kristen Kelsay and Kori Moster alternated picking their fellow MSU teammates to represent each team in this Saturday's scrimmage. The draft got pretty intense as each captain felt tied between several players. It became obvious how strong each position is as the draft continued. After countless efforts to finalize the teams, Kori and Kristen seemed very confident in their picks. The teams are as followed: Team Kori includes Taylor Galloway, Lauren Wicinski, Kelsey Kuipers, Hadley Orr, Halle Peterson, and Stefanie Shiramizu. Team Kristen includes Alexis Mathews, Jazmine White, Amy Dentlinger, Maggie Halloran, Ryan Hubbard, Chelsey Probst, and Ebony Scott. Both teams will be coached by guest coaches which will be revealed the day of the scrimmage. The Green and White scrimmage will begin at 6:30 p.m. in the Jenison Field House and will be followed by a meet and greet including the MSU players and all who wish to attend. We hope to see you there!

Summer Camp Review

Prior to the beginning of preseason we held our annual summer camps. We had another successful year as we hosted 1200 campers and 44 high school teams. As it typically gets in the summer, we experienced a little bit of a heat wave! Luckily for us we were able to use other campus resources as many MSU staff members came together to help camps run smoothly. Krista Groce, our new volunteer assistant coach put together a water activity to help the campers bond as well as cool off from the heat. As we made our way into the second week of camp, the heat began to die down giving us the opportunity to utilize our gym time. As a staff, we love camp time because it provides the opportunity to give back to the community. Because of NCAA rules, we are limited in our ability to talk to or work with high school players. Camp gives us the opportunity to reach out to younger players who have dreams of playing at a higher level. As we moved our way into our competitive team camp, we were able to work with high school teams as they moved into the beginning phase of their seasons. It is a great opportunity for high school teams and coaches to work with our MSU players one-on-one in an effort to prepare for their upcoming seasons. This year, several sessions were available to each team. Included was a conditioning segment, a team bonding segment, and practice sessions ran by our MSU players. The camp ended in a heated battle between North Farmington HS and Livonia Churchill HS. Livonia Churchill finished with the win and became the 2012 MSU Competitive Team Camp tournament champions! Overall, camps were very successful this year as we continued to host a large number of campers and get our staff and players involved in the community! Go Green!!



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SIDEOUT CLUB NEWS

MICHIGAN STATE VOLLEYBALL



**Renew Your SideOut Club
Membership for 2012 Soon!**

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Vice-president:

Marge Bossenbery

Treasurer:

Julie Morgan

Secretary:

Shirley Garrity

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Pete Cronk

Susan Epple

DeAnna Fenech

Dave Martz

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Lynda White

Tim Salinas

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Eileen Ellis

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