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Volleyball news from the MSU SideOut Club

Letter from Cathy

Sideout Club,

We are so excited to be starting our Big Ten season in the Breslin Center and are thrilled that the volleyball community and MSU volleyball fans can be a part of this festive event.

After starting the season slowly, we've begun to pick up steam as we head into the conference schedule. As a coaching staff, we believe we can beat almost any team in the nation, yet sometimes we struggle to maintain that consistency. We need to steady out our performances so that we can maximize our ability level more frequently.

We hope you will be able to join us

this weekend as we take on the Buckeyes and Wolverines in the Breslin Center! Also, we would love to have you at our coaches' luncheon tomorrow at the Hall of Fame Café (noon) and on Saturday, September 27 at our pre-match Chalk Talk (4:40pm) which will be held in the Women's Basketball Auditorium. (see back page for better instructions.)

As always, we appreciate your continued support.

Go Green

Cathy George



2008 Home Big Ten Schedule

Sept. 26	Ohio St. (Breslin Center)	6:30pm
Sept. 27	Michigan (Breslin Center)	6:30pm
Oct. 10	Northwestern	6:30pm
Oct. 11	Wisconsin	6:30pm
Oct. 24	Illinois	6:30pm
Oct. 25	Purdue	6:30pm
Nov. 7	Penn State	6:30pm
Nov. 8	Indiana	6:30pm
Nov. 28	Iowa	6:30pm
Nov. 29	Minnesota	6:30pm

DID YOU KNOW?
 Vanessa King was named MVP of both the Delaware Invitational and the Spartan Invitational.

Spartans Honor Ashley Schatzle

On September 13th, Ashley Schatzle became the 6th Spartan Volleyball player to have her jersey hung in the rafters of Jenison Field House. Ashley, a 2007 3rd team AVCA All-American, was joined by head coach Cathy George and former MSU All American and current professional beach volleyball player Dana Cooke on the floor as the banner was unveiled. Congratulations to Ashley and thanks to Al and Renee for the great photo montage to the right



MSU Volleyball goes 8-3 in 2008 Preseason—Wins 2 Tournaments

After starting the season 0-3 against very stiff competition, we have rebounded to win our last 8 consecutive matches which includes 2 tournament titles (Delaware Invitational and the Spartan Invitational.) A number of Spartans have stepped up for us and contributed to the success of the team and we look for more of that as we enter the Big Ten Season this weekend vs. Ohio State and Michigan in the Breslin Center. Also, our match vs. Michigan will be on the Big Ten Network and we hope you will be watching if you can't be there to join us in person.

Welcome Back Alumnae!

The MSU Volleyball program welcomed back players from seasons past during this year's Alumni Weekend celebration on Sept 13th. In total, 23 former MSU Players were able to join us to celebrate the tradition of our program's history. The alumni were announced and honored between games 2 and 3 of the UCONN match, presented with a gift on behalf of MSU Volleyball, and invited to take part in the tailgate before the MSU vs. Florida A&M football game, which turned out to be a very soggy party! We thank all of the alumni that came back and hope to get more back for next year's event.



BUST BRESLIN!

Saturday's match vs. Michigan is the first match of the State Pride Flag series against Michigan. It also marks this year's installment of the "Jam Jenison" series, which has been renamed "Bust Breslin" considering that we will not be playing in Jenison Field House. The Spartans have been practicing in Breslin all week to prepare for this event. As in year's past, T-shirts will be given to the first 1,000 fans, so show up early for yours. This night will also serve as this year's "High School Night" which means all high school teams can get in free if they send in a roster to the volleyball office by Friday!

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“Vollingo” – Volleyball Terminology

Stick/Pin—This is another word for the antennae, the red/white poles that extend up from the net along the sidelines. Although the antennae extend only 3’ above the net, they represent a line that extends all the way to the ceiling. (similar to football goalposts) Any ball that does NOT pass between the 2 antennae is considered out of bounds. Any ball that touches the net or pole outside of the antennae is immediately considered OUT of bounds. If the ball touches the antennae it is considered OUT of bounds, ... which, when you think about it, is stupid because it represents the sideline and a ball that hits the sideline is IN... but I digress.

Knick-Knack—This is a term I use to describe any player that rarely gets set. It might be used like, “don’t worry about #12 in serve receive, she’s a knick-knack.”

Let Serve—serve that hits the net and continues to go over. You may have heard this term in tennis, however, in volleyball a let serve is in play rather than a re-serve.



You Make the Call!

Natalie Emro, MSU's setter, serves the ball and runs to the court to play defense. After an opponent attack the ball is dug high and tight to the net. Natalie, being tall and athletic, jumps and sets a ball that is in the “plane” of the net. The set goes to Vanessa King, who crushes it for a kill. Remember: Natalie is a BACK ROW PLAYER? What's the call? MSU Kill? Back row attack? Or Back row block?

2 part question—During a rally, Becca Zlabis and Allyson Karaba SIMULTANEOUSLY contact a dig. #1— Can Becca or Allyson legally make the next touch, or is it a double contact violation? #2-Can the Spartans legally have 2 more team contacts or is that in violation of the 4 contact rule?

An important thing to note in this scenario is that the opposing team never touched the ball. Natalie's play is LEGAL and the result should be a kill for the Spartans. However, had a blocker contacted the ball in the plane with Natalie, they would have been awarded the ball because Natalie cannot legally compete for a ball in the plane with a front row player if she is in the back row. And now you know. =)

Simultaneous contact rule: a ball contacting 2 teammates at the same time shall contact as 1 team touch and both players would be able to make the 2nd team contact. So the answer to #1—is YES Becca or Allyson can play the 2nd ball, and the answer to #2 is also YES the Spartans can touch it 2 more times. And now you know. =)

Did you Know? Random Volleyball Trivia...

- Volleyball was introduced as an Olympic Sport at the 1964 games in Tokyo.
- Beach volleyball was added as an Olympic sport in Atlanta—1996.
- 2-time Olympic Beach Volleyball Gold-Medalists Misty May-Treanor and Kerri Walsh snapped a 112 match winning streak by losing a pool play match last weekend. They rebounded to win the tournament anyway.
- USA Volleyball took home 4 medals at the 2008 Olympics - 3 gold and 1 silver.
- The Volleyball Hall of Fame is located in Holyoke, Massachusetts—I can already tell that you're planning your next vacation around this very important piece of information.



Freshman Opp.
Kyndra Abron



Volleyball news from
the MSU SideOut Club

SideOut Club
P.O. Box 80491
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SIDEOUT CLUB NEWS

Upcoming Events

Volleyball Tailgate Party- - October 11

Come out to join fellow MSU fans for the 9th Annual Spartan Volleyball Tailgate Party on Saturday, October 11, 2008 before the match against Wisconsin. We will start around 3:30 at the usual location in front of the main entrance to Jenison and continue until game time at 6:30. Bring a dish or grillable item to share. Also needed are grills, charcoal and folding tables. If you can bring a grill, charcoal or folding table, or if you have any questions, please contact Cathy Caswell at 332-4353 or at caswell@msu.edu

Coaches Luncheons—Sept. 25th and Nov.6th

Join the MSU Staff at Hall of Fame Café (Noon) to discuss the state of the team and hear the thoughts of head coach, Cathy George. This is open to all SideOut club members.



NOTE: The Chalk Talk on Saturday, September 27th will be hosted in the Women's Basketball Auditorium which is located in the Berkowitz Center adjacent to the Breslin Center. Use the doors by the Magic Johnson statue and Will Call. Once you enter Will Call, take the first door on your right to enter the Berkowitz Center and the Women's Basketball Offices will be on your LEFT. See you there.

MSU SideOut Club, P.O. Box 80491, Lansing MI 48908

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